

Dental Practice of
Judson R. Roberts, DDS
Robin H. Berrin, DDS
Judith V. Lane, DDS



Robert W. Pretel, DDS, MSD
P. Paul Towfighi, DDS, MS
P. Kevin Chen, DMD, MS
Rosemary Wu, DMD, MS

Halcion (Triazolam), or Valium (Diazepam) Instructions

If you have been prescribed Halcion or Valium for sedation, please follow the directions listed below:

- Take your medication as directed on the bottle
- Eat a light meal with your medication
- Arrange for a responsible driver to come with you and check you in
- Arrange for someone to stay with you for a few hours after your treatment
- Refrain from driving for at least 24 hours following your appointment
- You will be sedated upon arrival, so please address all questions at your confirmation or prior to your surgery
- Prepare payment information for your driver, such as writing checks or allocating cash for treatment. If paying by Credit card or health care financing, make arrangements to sign the sales slip prior to your appointment

DO NOT use Halcion or Valium if:

- You have a severe mental disorder, angle-closure glaucoma, or severe liver disease
- You are taking clozapine, delavirdine, efavirenz, HIV protease inhibitors (eg, ritonavir), itraconazole, ketoconazole, nefazodone, or sodium oxybate (GHB)

Precautions:

Halcion or Valium may interfere with certain medical conditions. Advise your doctor or pharmacist if the following medical conditions apply to you:

- Pregnant, planning to become pregnant, or are breast-feeding
- History or current alcoholism or substance abuse/dependence, or if you drink alcohol
- Depression, mental or mood problems, or have a history of suicidal thoughts or behavior
- Myasthenia gravis (a condition of progress muscle paralysis)
- Liver or kidney problems, the blood disease porphyria, or glaucoma or you are at risk for glaucoma
- Chronic bronchitis, chronic obstructive pulmonary disease (COPD), emphysema, difficulty breathing while asleep (sleep apnea), or other breathing problems.

Please Note: Excessive grapefruit or grapefruit juice consumption may prolong the sedative side effects of Halcion.

Sacramento Office

1810 Professional Drive, Suite B
Sacramento, California 95825
(916) 971-3461
(916) 973-9830 Fax
SacramentoAdmin@Capperio.com

Laguna Office

9309 Office Park Circle, Suite 110
Elk Grove, California 95758
(916) 684-3379
(916) 684-4106 Fax
LagunaAdmin@Capperio.com

Roseville Office

2428 Professional Drive, Suite 100
Roseville, California 95661
(916) 786-6585
(916) 786-7542 Fax
RosevilleAdmin@Capperio.com

Folsom Office

2535 East Bidwell, Suite 150
Folsom, California 95630
(916) 984-1109
(916) 984-1764 Fax
FolsomAdmin@Capperio.com