

Dental Practice of
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Patient Instructions Following the Placement of Arestin

Arestin is an antibiotic powder that has been placed in one or more of your deeper periodontal pockets.

- Do not brush the treated sites for the first 12 hours after treatment.
- Do not use floss in the treated sites for two days (provided brochure will mention one week, however, studies show it is acceptable to start flossing after two days).
- Do not use a rubber tip or a toothpick in the treated sites for two days following the procedures.
- In addition, avoid sticky, chewy foods for two days after treatment.
- You may resume your normal oral hygiene after two days.
- Patients that are pregnant or breast feeding are to have placement of Arestin. (Documentation suggests that there could be a serious adverse reaction through the breast milk. The use of the tetracycline class during tooth development, especially in the last half of pregnancy, infancy and childhood up to age 8 may cause permanent discoloration of undeveloped teeth.)

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