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## Halcion (Triazolam), or Valium (Diazepam) Instructions

If you have been prescribed Halcion or Valium for sedation, please follow the directions listed below:

- Take your medication as directed on the bottle.
- Please do not eat anything 4-6 hours prior to the procedure. You can drink clear fluids like water or apple juice.
- You must have a driver who stays with you from the time you take the sedation medication at home prior to your appointment, through a time 2-3 hours after you have returned home. **This means your driver must bring you to the appointment and come into the office with you.**
- **Your driver must stay at the office during your appointment and stay with you at least 2-3 hours after you've returned home.**
- **You may not drive yourself to and from your appointment.**
- **You may not drive for 24 hours after taking the medication.**

**DO NOT use Halcion or Valium if:**

- You have a severe mental disorder, angle-closure glaucoma, or severe liver disease.
- You are taking clozapine, delavirdine, efavirenz, HIV protease inhibitors (eg, ritonavir), itraconazole, ketoconazole, nefazodone, or sodium oxybate (GHB).

### Precautions:

Halcion or Valium may interfere with certain medical conditions. Advise your doctor or pharmacist if the following medical conditions apply to you:

- Pregnant, planning to become pregnant, or are breast-feeding.
- History or current alcoholism or substance abuse/dependence, or if you drink alcohol.
- Depression, mental or mood problems, or have a history of suicidal thoughts or behavior.
- Myasthenia gravis (a condition of progress muscle paralysis).
- Liver or kidney problems, the blood disease porphyria, or glaucoma or you are at risk for glaucoma.
- Chronic bronchitis, chronic obstructive pulmonary disease (COPD), emphysema, difficulty breathing while asleep (sleep apnea), or other breathing problems.

**Please Note: Excessive grapefruit or grapefruit juice consumption may prolong the sedative side effects of Halcion.**

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